



JULY

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7-20 Corn Flakes Milk Apple Juice Lunch Chicken Patty Bread & Butter Carrots Apples Milk Snack Ant On Log Raisins Crackers Water	Breakfast: 7-21 Waffles Applesauce Milk Lunch: Hamburger Soup Cheese Sandwich Oranges Milk Snack Strawberry Yogurt Cheerios Milk	Breakfast: 7-22 Kixs Milk Grape Juice Lunch French Toast Sticks Turkey Sausage Cheese Slice Green Beans Cantaloupe Milk Snack Salas & Tortillas Chip Milk	Breakfast: 7-23 English Muffins Banana Milk Lunch: Beef Burrito Mixed Vegetables Peaches Milk Snack: Cantaloupe-Wheat Chex Water	Breakfast: 7-24 Oatmeal Milk Orange Juice Lunch: Turkey & Cheese Sandwich Pepper & Celery Stick Apple Milk Snack: Cheese It Crackers Milk
Breakfast 7-27 Oatmeal Milk Grape Juice Lunch Fish Sticks Mashed Potatoes Green Beans Bread & Butter Honey Dew Melon Milk Snack Rice Cake-Cream Cheese Milk	Breakfast: 7-28 Pancakes Milk Peaches Lunch: Tacos (Meat Lettuce Cheese Tomatoes) Tortillas Pineapple Milk Snack Hummus & Pita Bread Milk	Breakfast: 7-29 Cheerios Milk Orange Juice Lunch: Chicken Barbecued Sandwich Corn Pears Milk Snack: Cucumbers & Peppers Crackers Water	Breakfast: 7-30 Croissants Jelly Apples Milk Lunch: Goulash Breadstick-Cheese Slice Peas Cantaloupe Milk Snack: Banana Bread Milk	Breakfast: 7-31 Corn Chex Milk Apple Juice Lunch: Tuna & Cheese Sandwich Tomatoes & Cucumbers Apples Milk Snack Pretzels & Raisins Milk

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